

# Nutrition Facts

8 servings per container

**Serving size**

**1 burger**

**Amount Per Serving**

**Calories**

**200**

**% Daily Value\***

**Total Fat** 2.5g **3%**

Saturated Fat 0.576g **3%**

*Trans* Fat 0.019g

Polyunsaturated Fat 0.776g

Monounsaturated Fat 0.578g

**Cholesterol** 25mg **8%**

**Sodium** 220mg **10%**

**Total Carbohydrate** 35g **13%**

Dietary Fiber 6g **21%**

Total Sugars 3g

Includes 2g Added Sugars **4%**

**Protein** 11g **22%**

Vitamin D 0.136mcg **0%**

Calcium 74mg **6%**

Iron 3.706mg **20%**

Potassium 366mg **8%**

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.